

STUDENT SUCCESS - THIS YEAR AND BEYOND

SMART Block

USE. YOUR. AGENDA. PLEASE. OMG.

- NOT just for homework assignments
 - Test dates
 - Project dates
 - Important events
 - Appointments
 - Practices
- To-do list
- Improve time management
- Helps with mental organization

GET & STAY ORGANIZED

- Messy binders/folders/locker = wasted time
- Time up front means saving time later on
 - Take the time to get organized
 - Take the time to STAY organized
- Feel more in control

- Need help? Come to Organization Camp in the media center!

SCHOOL IS IMPORTANT - BOTH ACADEMICALLY AND SOCIALLY

- Work - Play balance
 - All work - burned out
 - All play - not taken seriously, not living up to your potential
- Make sure you take the time for YOU, too
 - School isn't only about grades, GPA, tests
 - Friendships, Clubs, Sports, Extracurricular activities are important, too!

GET INVOLVED IN SCHOOL

- Achievement increases with involvement
- NOT just sports – clubs, athletic events, performances, organizations
- Helps with the work – play balance

CARE ABOUT THE NEXT STEP

- Don't get stuck thinking only about the present OR only about the future
- Keep the end goal in mind, but it's ok if you deviate from your plan
- Finish what you start

CARE ABOUT YOUR GRADES/GPA

- Grades start accumulating day 1 of high school
- One super low grade can impact your overall grade
- Your GPA is your lifeline in high school
 - A higher GPA opens many doors for your post high-school plans
 - A lower GPA limits your immediate options after high school

COMPETE AGAINST YOURSELF, NOT OTHERS

- Push yourself because **YOU** want to get better
- Focus on what **YOU** can do to make **YOURSELF** better
 - GROWTH MINDSET!

A hand-drawn illustration of a human brain on a piece of paper. The brain is drawn with black outlines and filled with various colors like red, yellow, and blue. Overlaid on the brain is a complex network of black lines connecting various points, representing a neural network or a complex system. A hand is visible on the right side, holding a pen and drawing the network. Another hand is visible on the left side, holding the paper. The background is a wooden desk with a keyboard and a mouse.

YOU CAN LEARN
ANYTHING

 KHANDACADEMY

REACTION? THOUGHTS? COMMENTS?

PUT FIRST THINGS FIRST

- Don't procrastinate! It's the #1 curse of high school, and YOU are the one that will pay the price.
- Once in awhile is fine, but don't make it a habit!
 - Make doing your work on time your habit
- Learn to prioritize

TAKE CARE OF YOURSELF

- Eat appropriately
- Listen to your body
- Stress reduction
- Get enough sleep
- Drink water
- Plan some “down time”

NEVER GIVE UP



QUESTIONS/COMMENTS/CONCERNS